

# CONNECT

Abiding With God Daily

## Teaching

Connection with God requires intentional time and stillness.  
Abiding means remaining rooted in Christ throughout daily life.

Spiritual growth flows from closeness with Him.

## Scripture Focus

- John 15:4–5
- Psalm 46:10

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## Reflection

**What distracts me from spending time with God?**



**How can I slow down to abide?**



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## Action Step



## Prayer

